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Minutes of the Generation H - Kick Off Meeting January 18 + 19 2024, Amsterdam



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Participants of the of the generation h consortium kick off meeting

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Summary of the key action points of the kick off meeting (day 1 + day 2)

Action Points Day 1	WP number	Completed in 2024
Each WP leader sends a detailed timeline and indicate at what moment input from other WPs is needed (interconnectedness WPs) to Erik & Erik can prepare overall time table	All	Mid-February
Check whether Ethical Clearance in Amsterdam UMC is needed	1	January
Check with IT: ways of share Teams environments between institutions (WP1); Evaluate restrictions using Teams. Perspective of the various partners Evaluate alternatives for sharing data, e.g. https://filesender.surf.nl or https://surfdrive.surf.nl which can be used for more protected data	1 A I I 1	January
Project launch PR with launch of the website; coordinate this across all the institutes	7	February
Read paper on MRC framework (everyone) and include in rationale of protocols	All	Continuous
Identify existing intervention protocol exist for the 7 best buys	2	February
Consider scaling down the intervention & evaluation for the sake of feasibility: settings: Ghana-Kenya (one or two settings); faith-based – school based	2	February
Discuss measurements of effectiveness for the economic evaluation (see Day 2)	1, 2, 3, 4, 6	February
Budget: WP2 check resources for the piloting	1	January
	WP number	
Publishing a protocol paper (Use Gen H grant proposal)	1, All	31-12-2024
Trial registration after crystallizing plans	1	Q2
Data Sharing Agreements Planning for third-parties to be worked out by WP1	1	Q1
Reconsider what data on costs are we going to collect (implementation of the intervention, healthcare use, regular activities)	6	Q1
Check with PI from birth-to-20 project whether data are available for WP6	Paula	January
Set up the plan for WP6 and align with data analysis plan WP5	6	Q2
Connecting Judith with a health economist at APHRC for example questionnaires.	Gershim	February
Verifying domain name rules with ERC Done: no limitations set by EU	1, 7	January
Website: agree on domain name; content; design	7	January
Intellectual Property Rights: discuss in early stage with TKI-APH Business developer	1,7	Q1

Ensuring data protection commission approval in Ghana for international data sharing before data will be shared with other partners outside Ghana.	7	t.b.d.
Addressing budget allocation discrepancies between WP4 and WP7 and setting up a meeting between APHRC-UG and Frank Groen	Frank, 4,7	February
Checking WP3 budget for implementation material and WP4 for intervention material	Frank, 3,4	February
Contacting the business developer of APH with regards to potential valorization	1,7	Q1
List potential Advisory Board members and reach out to WP1 (Charles – Erik will contact them)	All	February
Contacting the European Commission about increased costs	Charles	January (done)
List down available potential (cheap/feasible) options that could be taken into consideration regarding food/ PA environment in collaboration with Gershim and Amos	2, Gershim, Amos	Q1
Harmonize objectives and ‘niche’ of the various PhD thesis/ students to prevent overlap	All WPs with PhD students	Q2
Planning the next meeting in Nairobi, December 2024 by WP1 and WP4	1,4	Q1

One more action point based on suggestion/comment to the minutes:

Action Point	WP number	Completed in 2024
A complementary press releases at the country/institution level and potentially make use of the previous press release at Amsterdam UMC	7,1	Date of website launch

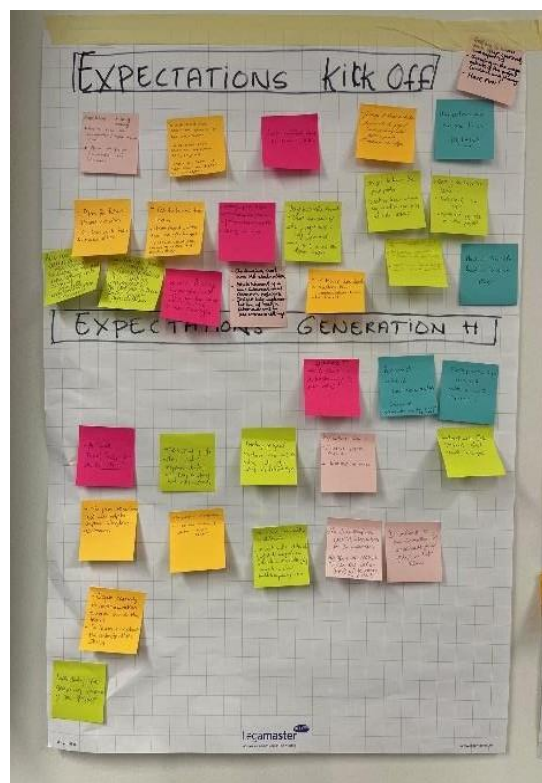
Appendix:

Expectations

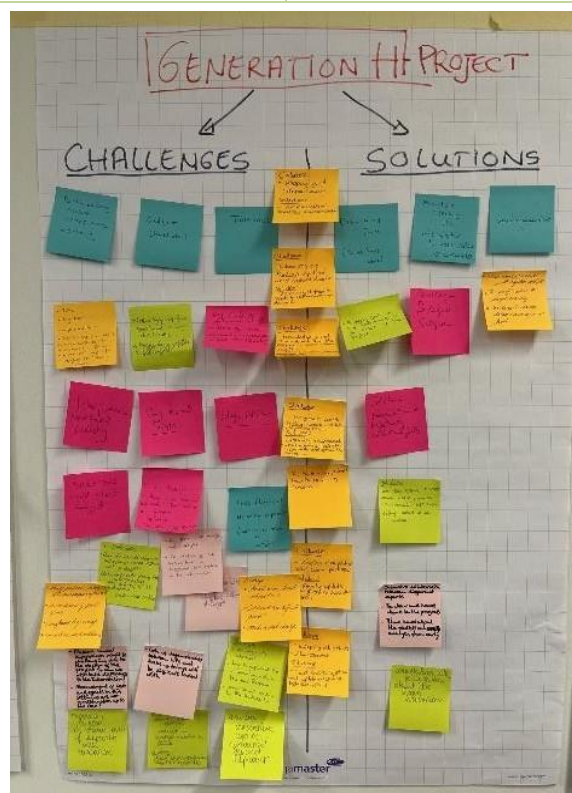
Expectations for Kick off meeting

Get to know the collaborators and project partners - to more agree on project deliverables and timeline plan for future project activities - A chance to talk to each other - work package synergies and how to work across work packages - understand more about the context for the interventions - Understand more about behaviours being targeted - meet the team and hear about the different work packages - get to know the team - understand better the work packages - discuss what we need to know from each other - clarity and better details about the generation H project - challenges for the project - overview of the project - getting to know each other - clarity on roles, challenging, short-term evaluations establishment of a new international research network insight into implementation of health interventions in low resource settings - very successful kickoff - clear overview of the project and way forward - get to know the team better - to have developed a system for communication in the teams - Getting to know each other - insight into the project who is doing what - aims and goals - timelines - next steps - to get to know the participants - to get to know where my expertise can fit/serve the project – discuss project in more detail - getting to know each other personally and expertise - agreeing on the major details of the project: content and planning - have fun - understand what we are doing - getting to know the team understand the project - understand my role in the project - how all the work packages feed into and each other - understanding the project goal and scope - understanding the rules and responsibilities of key partners and individuals – meeting project partners and all key stakeholders - understanding the governing structure of the project

How can we focus on interventions teachings environments and taking into account possible implementation barriers - understanding how to jointly use existing evidence and co-creation to prioritise the best intervention for the target population - contribute to the discussions on experiences and working on NCD to provide evidence that will help to improve lifestyle in adolescents - excellent project execution - MiPiD revival - impactful interventions - understand context In Ghana better - to improve the health of adolescents - to work adolescents which I think is very challenging to work with in a very multidisciplinary team - forward ahead implementation science, remembering the focus of the call - doing something useful with a real impact to understand the specific interventions to be undertaken - the specific roles that faith based organisations will be playing in the project



Key challenges and solutions for Generation H project	
Challenges	Solutions
<p>participatory nature means more uncertainty - budget, travel - timelines - big team - translating the limited evidence for interventions in Ghana and Kenya into impactful strategies for behavior change</p> <p>- inference from food industry - Inflation could affect budget - many partners many work packages - recruitment of participants, time long enough? - how to create coherence and synergy across different work packages - lots of dependencies between work packages and tasks, delays will be difficult to deal with - difficult to reach adolescents, are somewhat dependent on parents – getting input from government and key stakeholders - very broad scope - having a big team - timely communication - on time delivery of objectives - - creation of the intervention - everything depends on the intervention - meeting timeline, especially with approvals and in Kenya - lots of dependencies between work packages & tasks delays will be difficult to deal with - difficult to reach population - working with several stakeholders (government private sector)- less PA expertise - adolescents difficult group to make actual change - working with adolescents - how to implement the interventions within the time using social media for the interventions - ensuring interventions can be under correction - ensuring interventions can be sustained beyond the project - keeping good communication – pandemic, political unrest, nature disaster as uncertainties - knowledge is not shared out from the</p>	<p>project to create impact - everyone’s voice being heard and feeling part of the team - system for partners lead to raise any concern - keeping connectedness between work packages - keeping all activities within resources communication strategy and expectations - using project team to negotiate alternative ways forward - having a good communication engagement impact strategy - providing environment where everyone can speak and everyone feels able to contribute like today - regular update meetings and communication channels - good finance systems and updating reporting between teams - expanding team like we have done – prioritize selecting the intervention to help reduce uncertainty - good communication, engage governments key stakeholders from the onset of the project - redefine the scope - clear communication with regular updates - be specific what to target exactly - adolescent change behavior on a group level - negotiate, additional funds – use key figures and parents - social media channels - environmental influences - policy makers to be involved - intensive collaboration between different experts - be clear and honest about the progress - think hard about the statistical analysis plan - early consultation with policy makers about the chosen interventions - create strong punch between partners - clear time line for timely delivery of the project objectives</p>



Expectations for management Generation H project

communication that is clear and timely - understanding of what is needed and where - understanding a key contacts and on what - giving reasonable time to respond when requesting - information from Frank about what to do when - feeling okay to say when we need to do something differently - facilitation of coordination of partners, and activities - providing an environment in which everyone can follow the leadership - Strong stakeholder and community engagement - effective leadership - timely and clear communication and planning - authentic leadership: manage when necessary, but also trust the consortium to do the things right - effective communication and collaboration among consortium members - commitment to the project by all team members - clear and open communication meetings - clear overview of what is needed from all partners for every report - equal partnership - time effective time management - successful collaboration by partners - respect within the consortium - efficient collaboration by partners - facilitate and coordination by the work packages - facilitate communication between the group and European union - clarity and answer questions regarding EU rules - keep us on track - identify critical time points - good communication - good explanation of rules and duties of each partner in person - making sure everyone has a voice - be inclusive - proper coordination - effective communication along partners - commitment from all partners sharing all documentation across Project for everyone - remind us of essential deadlines - success communication - explore with other similar projects to stimulate learnings, for example through webinars



Goals and Agenda

Main goals for the Kick off meeting:

- To get to know each other and explore/define expectations about collaboration
- To inform and agree on project governance (financial, content) and collaboration with EU
- To introduce the overall project aims and deliverables
- Individual WPs: present detail plans, timeline and discuss/define key challenges/needs, including crucial key points (e.g., ethical approval, staff needed) to timely anticipate.
- To determine and discuss interconnectedness between WPs, shared challenges, synergy and efficiency
- To determine and discuss 'emerging themes/issues'

Day 1

Time	Subject	Speaker
09.00-10.00	Welcome and introduction of WP leaders & team, institutions & motivations of the project (5 minutes presentations)	All members
10.00-10.15	Generation H project key objectives & structure	Prof. Charles Agyemang (AMC)
10.15-10.45	Expectations & challenges of the project by consortium members – interactive discussion	All members
10.45-11.00	Coffee Break	
11.00-12.00	WP1: Management of the consortium, governance, needs & expectations from members Financial management	Dr Erik Beune & Mr Frank Groen/ (AMC)
12.00-13.00	Lunch	
13.00-13.30	Scientific framing of project	Prof. Michelle Holdsworth (IRD)
13.30-14.30	WP2: Adaptation of the WHO recommended interventions & discussion	Prof. Michelle Holdsworth (IRD)
14.30-15.30	WP3: Development of the implementation strategies & presentation of systematic review of Interventions focused on physical activity and diet in youth & discussion	Prof. Lauren Sherar (LU)/Prof. Paula Griffiths
	Break	
15.45–16.45	WP4: Recruitment, intervention delivery and follow-up in Kenya & Ghana	Dr Gershim Asiki, (APHRC) /Prof. Amos Laar (UG)
16.45-17.30	Discussion of emerging themes	All members
	Dinner	

Day 2

Time	Subject	Speaker
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09.00-09.45	WP5: Data monitoring and analysis & Discussion	Dr Erik Beune/Dr Eva vander Linden (AMC)
09.45-10.30	WP6: Health economic evaluation & Discussion	Prof. Judith Bosmans (VU)
10.30-10.45	Break	
10.45-11.30	WP7: Dissemination, and exploitation	Prof. Amos Laar (UG)

11.30-12.30	Collaboration & agreements (Formation Management Committee/Advisory Board, collaborative arrangements, future meetings)	Prof. Charles Agyemang (AMC)
12.30-13.30	Lunch	
13.30-15.00	Open discussion on emerging themes	All members
15.00-15.30	Evaluation & Conclusion remarks	